

**OUACHITA BAPTIST UNIVERSITY**

**Degree: B.A.**

**Major: Kinesiology and Leisure Studies (Fitness)**

**2017-18**

<b>COMMON CORE</b>		<b>Credit Hours</b>
All students take the following courses.		
CORE 1002	OBU Connections <sup>1</sup>	2
CORE 1023	The Contemporary World	3
CORE 1043	Composition I	3
CORE 1113	Survey of the Bible	3
CORE 1123	Interpreting the Bible	3
CORE 2213	Western Civilization in Global Context	3
CORE 2233	World Literature	3
CORE 2334	Scientific Inquiry <sup>1</sup>	4
CORE 3023	Scientific Connections <sup>2</sup>	3
<sup>1</sup> Prerequisite: Completion of the Analytic & Quantitative Reasoning Requirement.		
<sup>2</sup> Prerequisite: CORE 2334 Scientific Inquiry		
<b>FLEXIBLE CORE</b>		
Choose as indicated from each of the seven categories.		
<b>Analytic &amp; Quantitative Reasoning (One course*)</b>		3
MATH 1003	College Algebra	
MATH 1033	Mathematics for the Liberal Arts	
PHIL 1003	Introduction to Philosophy	
PHIL 1023	Logic	
* Students with ACT math score of 22 or less (SAT 530 or less) must choose one of the MATH courses.		
<b>Applied Skills (One course)</b>		3
COMM 1003	Fundamentals of Public Speaking	
FINN 2003	Personal Finance	
<b>Artistic Engagement (One course**)</b>		3
FINA 3113	Fine Arts: Art	
FINA 3123	Fine Arts: Music	
FINA 3133	Fine Arts: Theatre	
** May be satisfied by participation in the European Study Program.		
<b>Civic Engagement in America (One course)</b>		3
PSCI 2013	American National Government	
HIST 2003	United States History to 1877	
HIST 2013	United States History Since 1877	
<b>Intercultural Appreciation and Communication† (Two courses)</b>		6
CHIN, FREN, GERM, GREK, HEBR, ITAL, LATN, JAPN, RUSS, SPAN	Two semesters of credit in the same foreign language. May also be satisfied by approved language-intensive study-abroad experience.	
<b>Physical Well-being (One course)</b>		2-3
KIN 1002	Concepts of Wellness	
KIN 2073	Health and Safety	
LST 2013	Outdoor Leisure Pursuits	
<b>EXPERIENTIAL CORE</b>		
CHAP 1000	Chapel (7 credits required)	0
FINA 4011	Arts Engagement Series	1
<b>Total</b>		<b>48-49</b>

† For more detail, refer to the School of Interdisciplinary Studies section of the catalog.

<b>GENERAL GRADUATION REQUIREMENTS</b>	
7 Chapel Credits, or 1 per semester for transfer students	
2.000 minimum GPA (overall, OBU, major, and minor)	
At least 24 hours with grades of C or higher in the major	
Jr./Sr. Hours: At least 39 total, 12 in the major and 6 in the minor	
At least 60 hours taken at OBU, including 30 of last 36 hours.	

<b>MAJOR</b>		<b>Credit Hours</b>
KIN 1003	Foundations of Kinesiology & Leisure Studies	3
KIN 1113	Fundamental Motor Development	3
KIN 2093	Structural Basis of Human Movement	3
KIN 2903	Methods of Strength Training and Conditioning	3
KIN 3023	Physiology of Exercise	3
KIN 3073	Adapted Kinesiology & Leisure Studies Methods	3
KIN 4023	Field Experience in KIN/LST	3
KIN 4043	Biomechanical Analysis	3
KIN 4601	Senior Seminar	1
CORE 2053	Composition II	3
Choose three of the following:		
DIET 2043	Sports Nutrition	
KIN 2213	Meth. Teaching & Coaching Individual Activities	
KIN 2223	Meth. Teaching & Coaching Team Activities	
KIN 3013	Care & Prevention of Injuries	
KIN 4013	Org. & Admin. of KIN/LST Programs	
LST 3013	Program Design and Management	
<b>Total</b>		<b>37</b>

<b>MINOR:</b> Minimum 18 hours	<b>18</b>
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<b>ELECTIVES:</b> Choose courses to total 120 hours, including 39 Jr/Sr-level hours.	<b>16-17</b>
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<b>CREDIT HOUR SUMMARY</b>	
<b>CORE</b>	<b>48-49</b>
<b>MAJOR</b>	<b>37</b>
<b>MINOR (minimum)</b>	<b>18</b>
<b>ELECTIVES</b>	<b>16-17</b>
<b>Total</b>	<b>120</b>