

Pre-counseling Program

Degree: B.A.
Double Major: Community and Family Services & Psychology
2026 – 2027

COMMON CORE (27 hours)		Credit Hours
All students take the following courses.		
CORE 1002	OBU Connections [†]	2
CORE 1023	The Contemporary World	3
CORE 1043	Composition I	3
CORE 1113	Survey of the Bible	3
CORE 1123	Interpreting the Bible	3
CORE 2233	World Literature	3
CORE 2243	History of World Societies	3
CORE 2334	Scientific Inquiry	4
Prerequisite: Completion of the Analytic & Quantitative Reasoning Requirement.		
CORE 3023	Scientific Connections	3
Prerequisite: CORE 2334 Scientific Inquiry		
FLEXIBLE CORE (18-21 hours)		
Choose as indicated from each of the seven categories.		
Analytic & Quantitative Reasoning (Choose one)		
Students with an MPI less than 80 must take one of the MATH courses.		
MATH 1003	College Algebra	3
MATH 1033	Mathematics for the Liberal Arts	
PHIL 1003	Introduction to Philosophy	
PHIL 1023	Logic	
Applied Skills (Choose one)		
COMM 1003	Fundamentals of Public Speaking (Required by major)	3
FINN 2003	Personal Finance	
Artistic Engagement (Choose one)		
May be satisfied by participation in the European Study Program.		
FINA 3113	Fine Arts: Art	3
FINA 3123	Fine Arts: Music	
FINA 3133	Fine Arts: Theatre	
Civic Engagement in America (Choose one)		
PSCI 2013	American National Government	3
HIST 2003	United States History to 1877	
HIST 2013	United States History Since 1877	
Intercultural Appreciation and Communication [†] (Choose two)		
Two semesters of credit in the same foreign language. May also be satisfied by approved language-intensive study-abroad experience.		
6		
Physical Well-being (One course)		
KIN 1002	Concepts of Wellness	0-3
KIN 2073	Health and Safety (Elective in major)	
KIN 2013	Outdoor Leisure Pursuits	
EXPERIENTIAL CORE (1 hour)		
CHAP 1000	Chapel (7 credits required)	0
FINA 4011	Arts Engagement Series	1
Total Core Requirements		46-49

[†] For more detail, refer to the School of Interdisciplinary Studies section of the catalog.

GENERAL GRADUATION REQUIREMENTS	
7 Chapel Credits, or 1 per semester for transfer students	
2.000 minimum GPA (overall, OBU, major, and minor)	
At least 24 hours with grades of C or higher in the major	
Jr./Sr. Hours: At least 39 total, 12 in the major and 6 in the minor	
At least 60 hours taken at OBU, including 30 of last 36 hours.	

CREDIT HOUR SUMMARY	
CORE	46-49
COMMUNITY & FAMILY SERVICES MAJOR	37-40
PSYCHOLOGY MAJOR	37
ADDITIONAL AREA REQUIREMENTS	1
TOTAL	121-127

MAJOR		Credit Hours
Community and Family Services Basic Requirements (25 hours)		
CHST 1001	Freshman Seminar	1
BSTH 1003	Spiritual Formation	3
SOCI 1003	Introduction to Sociology	3
COMM 1003	Fundamentals of Public Speaking (Fulfilled in Flex. Core)	0
BSTH 2403	Foundational Christian Theology	3
PSYC 2033	Human Development (Fulfilled by Psychology major)	0
CAFS 2003	Child and Family Advocacy	3
COMM 3033	Interpersonal Communication	3
CHMM 3103	Foundations of Christian Counseling	3
CAFS 3433	CAFS Internship	3
PHIL 4013	Christian Ethics	3
Interdisciplinary Menu (Choose at least 2 courses)		
CAFS 3433	CAFS Internship II	5-6
CHMM 2003	The Church and Ministry	
CHMM 4133	Child Maltreatment and Domestic Violence	
CHMM 4406	Supervised Hospital Ministry	
COMM 2043	Small Group Communication	
COMM 3073	Public Relations Principles and Problems	
COMM 4053	Organizational Communication	
COMM 4433	Family Communication	
DIET 3053	Nutrition	
DIET 3083	Life Cycle Nutrition	
DIET 3102	Community Nutrition	
DIET 3203	Nutrition Counseling and Education	
KIN 2063	Drug Education	
KIN 2073	Health and Safety (Satisfies Physical Well-being menu)	
MGMT 3043	Organizational Behavior and Management	
CHMM 3403	World Religions	6-9
CHMM 4313	Intercultural Communication (also COMM 4313)	
PHIL 3163	Death and Dying	
SOCI 3053	Social Science Research Methods (or PSYCH 2063)	
Graduate/Clinical Emphasis (Choose 3)		
CAFS 3013	Trauma and Evidence-Based Treatment	6-9
CAFS 3023	Human Services and Court Systems	
CHMM 3353	Crisis Intervention	
CHMM 3363	Marriage and Family Dynamics	
PHIL 3193	Suffering, Tragedy, and Christian Faith	
PSYC 4013	Counseling Psychology (Can apply as PSYC elective)	
SOCI 2023	Introduction to Social Services	
Total		36-40

MAJOR: Psychology		Credit Hours
PSYC 1013	General Psychology	3
PSYC 2033	Human Development	3
PSYC 2054	Statistics	4
PSYC 2063	Research Methods I (Counts toward CAFS Grad/Clinical Emphasis)	3
PSYC 3053	Research Methods II	3
PSYC 4003	History of Psychology	3
Choose three of the following (all four strongly recommended):		
PSYC 3013	Social Psychology	9
PSYC 3063	Neuroscience	
PSYC 3093	Abnormal Psychology	
PSYC 4033	Cognition	
PSYC ____	Additional PSYC electives until 37 hours are earned.	9
PSYC ____		
PSYC ____		
TOTAL		37

ADDITIONAL AREA REQUIREMENTS		
CHST 4601 <i>or</i> SSCI 4601	Senior Seminar	1
TOTAL		1