

Nutrition and Dietetic Jobs



NUTRITION & DIETETICS
OUACHITA BAPTIST UNIVERSITY

Clinical Dietetics

- Hospitals, long-term care and outpatient settings
- Many specialties (pediatrics, geriatrics, cardiology, renal, diabetes, nutrition support, oncology, etc)

Food and Nutrition Management

- Hospitals, long-term care, businesses, schools
- Hospitality management, chefs, catering, entrepreneur, business owner

Public Health Nutrition

- Women, Infants & Children (WIC)
- Public Health Department with state and county agencies
- Cooperative Extension
- Congregate meals programs

Education and Research

- College, university, health professional school and culinary school
- Teach K-12 (requires further course work)
- Create and write curriculum for state board of education, Dairy Council, Cooperative Extension
- Worksite wellness--teach nutrition, exercise, fitness and other health promotion to employees
- Manage or assist with clinical protocols, interventions or clinical trials

Consultant/Private Practice

- Private practice consultation to hospitals and long-term care facilities on hourly or "job" basis
- Client counseling for weight management, eating disorders, sports nutrition, diabetes management, etc. from either physician referrals and/or advertisements
- Write cookbooks, educational programs or articles for local newspapers or specialty magazines
- Food photography
- Consult at health clubs/spas as a personal trainer-nutritionist

Public Policy/Government

- Staff resource to legislator
- Government agency--USDA, FDA, NIH, etc.
- Health care reform
- Supplement labels
- Regulatory
- Lobbyist in state or federal government

Business and Industry

Careers in business and industry include jobs such as sales, marketing, public relations, research and development (labeling, recipes, and product information) and production quality control.

- Food (eg. Cambell Soup, Kraft Foods, Proctor & Gamble)
- Information Technology (eg. CBORD, Compu-Cal, Computrition, ESHA Research, First DataBank)
- Nutritionals (eg. Mead Johnson, McNeil Consumer Healthcare, Novartis Nutrition, Ross Products)
- Nutraceuticals (eg. Archer Daniels Midland, Cooke Pharma, GeniSoy Products)
- Pharmaceutical (eg. Eli Lilly, GlaxoSmithKline, Merck, Pfizer)
- Food Service Equipment (eg. Diversey Lever, Ecolab, Hamilton Beach Commercial, Hobart)
- Food Service Contract Management (eg. Aramark Healthcare, Morrison Management, Sodexo)
- Food Service Vendors (eg. Precision Foods, Super Bakery, Sysco, US Foodservice)
- Medical Equipment (eg. Bodystat, HealthTech, Johnson & Johnson)
- Trade Associations (eg. Cranberry Institute, Dairy Council, Peanut Institute, Pork Producers)

Media

- Commodity groups (trade associations) hire public relations firms
- Radio, TV, newspapers and magazines are a major source of nutrition education for the public
- Cooperative extension agents often write for the local media

International Food Organizations

- Peace Corps
- Non-governmental organizations such as CARE, Food for the Hungry or World Relief
- United Nations Food and Agriculture Organization
- US AID (Agency for International Development)
- Multi-national corporation
- Consulting and research collaboration